

New to Canada? Learn to thrive
in your new home



The difficulties you least expect

You came to Canada with skills, experience, courage, and determination. But...

- Everything is so unfamiliar, you don't even know what to ask
- You do everything "right" but don't get the results you expect
- Canadian job interviews and workplaces are so confusing

- It's hard to build new friendships
- You don't know your rights and how everything works here
- Your children struggle but you don't know how to support them in this new environment

The solution: “Building a Life in Canada”

This unique online course series will teach you how Canada works, why things are done this way, and how you can work and build your life here in the best and fastest way possible.

What you'll gain

- ✓ Confidence accessing and using systems and services
- ✓ More effective access to jobs and career growth
- ✓ Stronger friendships and new connections
- ✓ Understanding all your rights and how to use them to your benefit
- ✓ Better wellbeing for your whole family

About

Dr. Nava Israel is a lifelong entrepreneur, trainer, speaker, and facilitator. She draws on 20+ years of experience in cultural adaptation and innovative program design for newcomers across Canada.

**Access
courses**

www.navainc.ca

